

## MY ACCOMPLISHMENTS

List 3-5 accomplishments below. An accomplishment is an activity or project that makes you feel positive about yourself and your capabilities. You can list some of the accomplishments from the Skills Bingo, or choose others in which you have been successful. Make sure your examples are specific. For example, rather than “wrote a report,” use “wrote a research report on Wilma Mankiller.” Include different types of activities you may have accomplished at school, work, home, and in leisure or community service activities. Then list the skills required for you to accomplish what you did.

<i>Accomplishment</i>	<i>Skills Required</i>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

Finally, look through your list of skills. Prioritize them in the boxes below. The 5 skills you most enjoyed will be listed under “Very Satisfying,” the next 5-10 will be listed under “Somewhat Satisfying,” and the rest will be listed under “Not very Satisfying.”

### *Prioritizing My Skills*

Very Satisfying	Somewhat Satisfying	Not Very Satisfying
<b>What makes these skills enjoyable to you?</b>	<b>What is it about these skills that put them in the middle?</b>	<b>Why are these skills not very satisfying?</b>

What careers might include the skills you listed under “Very Satisfying”?